

Brookdale's 100 acre facility overlooks a private lake and features several premier amenities. Visit [BrookdaleRecovery.com](http://BrookdaleRecovery.com) to learn more.



# BROOKDALE

PREMIER ADDICTION RECOVERY

*Life... Recovered.*

2455 Back Mountain Rd.  
Scotrun, PA 18355  
866-213-8777  
[info@brookdalerecovery.com](mailto:info@brookdalerecovery.com)



**BROOKDALE**  
PREMIER ADDICTION RECOVERY



A premier drug and alcohol addiction treatment center located in the beautiful Pocono Mountains of Pennsylvania



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## This isn't just another addiction treatment center.

From the moment you turn down the driveway, you realize that this isn't like any other addiction treatment center. Brookdale is a one of a kind, premier facility built on a foundation rooted in nearly half a century of experience in addiction treatment, nestled on a private lake in the heart of the Pocono Mountains.

### Our philosophy is simple.

Create an environment and develop a culture that allows optimum care to be delivered. We know that quality addiction treatment is more than beautiful views, world-class amenities or a fancy mission statement. It's about providing comprehensive, evidence-based practices individually tailored to the patient and their family.

### Building Brookdale.

In building Brookdale, our founders set out to fill a void in the way substance use disorder treatment is currently being administered. Through their experience, they have recognized one factor that matters more than others in providing exceptional care for the patient: A happy, well-supported team doing purposeful work elevates the standard of

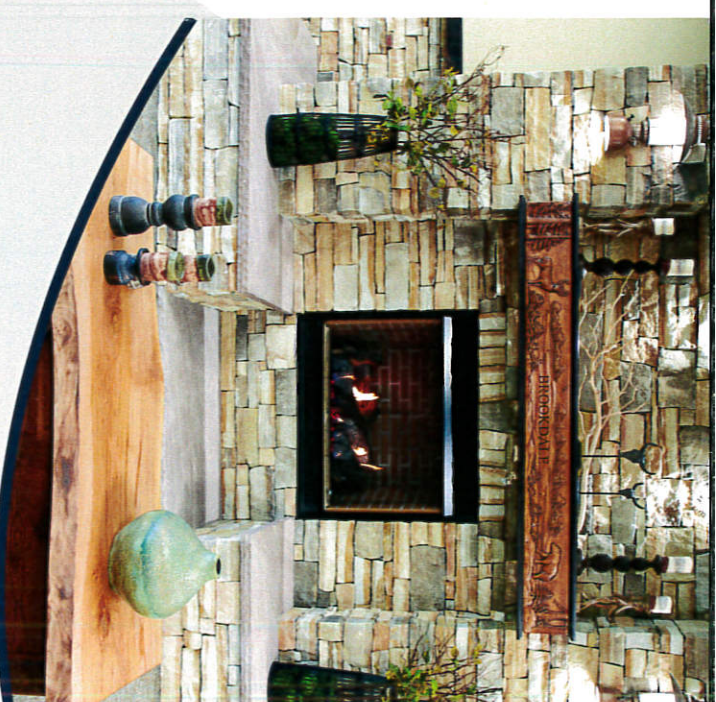
care exponentially. Brookdale was founded on the idea that through assembling a multidisciplinary, expert team, providing premier care for all individuals would not be the exception, but the rule.

### Fostering a Life...Recovered!

Whether we're helping someone begin their journey in recovery or navigate the long-term challenges attributed to their chronic disease, Brookdale's patient-centered approach focuses on the individual, encouraging change, growth and empowerment. By integrating traditional treatment methods with innovative evidence-based practices and holistic therapies, patients are offered a customized experience and the best pathway to a ***Life...Recovered!***

### Program Features

- 100 Acres
- 34 Detox Beds
- 76 Residential Beds
- 24-Hour Admissions
- Transportation Services
- Medically Managed Detox
- On-Site Physicians
- 24-hour Nursing
- Cognitive Behavioral Therapy
- Dialectical Behavioral Therapy
- Motivational Interviewing
- Seeking Safety



- 12-Step Integration
- Trauma-Informed Therapy
- Gender-Specific Therapy
- Yoga & Reiki
- Wellness Therapies
- Nutritionist
- Biofeedback Bed
- Hair Salon

